

SOSTM

HEALTH



Vitamin D3 Sprays



Magnesium Oil Sprays



Mission Statement

The mission of SOS Health is to make the world a healthier place, and they have dedicated themselves to manufacturing natural, well-proven and efficient products, that help people in real life. That's why all their products are made from the best ingredients known to man, with products developed together with scientists and researchers at Tallinn University of Technology.



Key Facts

SOS Health is a producer of innovative food supplements, which have the highest absorption rates, bio-availability and capability to reach directly into our body cells for maximum effect.

SOS Health products are developed by Competence Center of Food and Fermentation Technologies laboratories (www.tftak.eu), founded by Tallinn University of Technology, under the direction of professor Raivo Vilu, PhD.

SOS Health Testimonials

“Most people are deficient in magnesium and transdermal is the best and fastest way to use it. Furthermore, transdermal is the only way which has been proven to raise DHEA (the anti-aging hormone).”

Dr Norman Shealy, PhD
From Restoring DHEA

“Magnesium is the ur-mineral, the most important mineral to man and other living organisms.”

Dr Jerry Aikawa
Magnesium: Its Biologic Significance

“Magnesium oil helps greatly to increase the amount of magnesium in body tissues and overcomes the problems that some problems have with loose stools when they try to take enough magnesium to meet their needs.”

Dr Carolyn Dean
The Magnesium Miracle

SOS Health products are developed by the Competence Center of Food and Fermentation Technologies Laboratories founded by **Tallinn University of Technology**, under the direction of professor Raivo Vilu, PhD.



Good Manufacturing Practice covers all aspects of production from the initial materials, premises and equipment to the training and personal hygiene of staff.



The purest magnesium in the world – Zechstein magnesium chloride. Our Magnesium sprays contain **Zechstein Inside®** magnesium chloride, mined from deposits in the former Zechstein Sea to provide the purest source of magnesium chloride. This magnesium chloride has been naturally condensed over 250 million years, leaving it free from man-made and heavy metal pollutants associated with open water sources.



SOS Health products are manufactured in the EU.



Vitamin D3 Sprays

SOS Health's vitamin D3 sprays are intended for people with vitamin D deficiency. Vitamin D deficiency is evident throughout the European population at prevalence rates that are clearly concerning, with 50-70% of Europeans suffering from low vitamin D levels.



Key Benefits

- **Faster and more effective:**
D3 vitamin absorption via an oral spray is at least 50% faster and more effective than traditional tablets and capsules. The intra-oral method of absorption has been shown to be up to 90% effective (compared to 10-20% for pills). Oral sprays also reach the bloodstream in higher concentrations more rapidly.
- **Directly to the cell:**
Sprays place no burden on the stomach or digestive tract, as sublingual sprays bypass them and go directly to the blood-stream. It is a perfect solution for those suffering with digestive disorders, which may make taking pills or capsules difficult or which hinder the absorption of nutrients in the gastrointestinal tract.
- **More economical:**
Oral spray supplements are more economical than pills or capsules as cost per dose is far less when you consider absorption, bioavailability and purity.
- **Pure content:**
SOS Health sprays contain only pure nutritional ingredients, with no fillers, binders or adhesive agents, commonly found in pills or tablets. The main ingredient, **cholecalciferol**, is considered the best absorbed form of vitamin D, the source of which is suitable for vegetarians (Lanolin)
- **Hygienic delivery:**
The anti-microbial containers ensure purity and bioavailability of the ingredients by preventing contamination by touching or oxidation by exposure to the air. SOS Health is using an innovative Airless Spray bottle, which guarantees airtight packaging and usage, which also increases the products shelf-life.
- **Convenient to use and safe:**
You can take a spray supplement anytime, anywhere in seconds. No water is required. They are the perfect size to carry in a pocket or a purse. Spray vitamins supplements are safe to use for everyone, from children to the elderly.

Magnesium Oil Sprays

SOS Health is a producer of innovative food supplements, which have the highest absorption rates, bio-availability and capability to reach directly into our body cells for maximum effect.

SOS Health products are developed by Competence Center of Food and Fermentation Technologies laboratories (www.tftak.eu), founded by Tallinn University of Technology, under the direction of professor Raivo Vilu, PhD.



Zechstein Inside®

Our Magnesium sprays contain Zechstein Inside® magnesium chloride, mined from deposits in the former Zechstein Sea to provide the purest source of magnesium chloride. This magnesium chloride has been naturally condensed over 250 million years, leaving it free from man-made and heavy metal pollutants associated with open water sources.

Key Benefits

- 100% pure: Magnesium chloride from ancient Zechstein seabed.
- Fast absorption: Reaches cells in 1 minute. Absorbs through skin directly into tissues and cells (transdermal).
- Efficient delivery: 95% of Mg reaches cells, many times more than Mg taken orally.
- Easy to use: No burden on stomach or digestive tract.
- Excellent value: More cost-efficient than oral products due to much higher absorption.

The Range

- **Spray PURE**
Increases overall levels of magnesium.
- **Spray RELAX**
Facilitates restful, all night sleep. Also effective for massage.
- **Spray ATHLETES**
Assists in warming muscles and avoiding cramps.
- **Spray BETTER JOINTS**
Relieves problems with joints and improves their mobility.

D3000 Oral Vitamin D Spray (adult)

3000 I.U. (75 µg) per spray – 200 day supply (200 sprays) – 30ml

Each spray of D3000 delivers 3000 I.U. of vitamin D3 (cholecalciferol) directly to the bloodstream for optimal absorption. The sublingual spray bypasses the digestive system, unlike capsules or tablets. It is also an easier more convenient way to get your daily dose of vitamin D.



Key Benefits

- 3000 I.U. vitamin D3 per spray (1500% NRV)
- Easily administered oral spray
- Long lasting bottle – 200 daily doses
- Pleasant mint flavour
- Fast absorption
- Lanolin as natural source
- Raises vitamin D levels
- Suitable for Vegetarians

Ingredients

Purified water, fructose, lemon juice, acacia gum, sodium benzoate, sunflower lecithin, cholecalciferol (vitamin D3), cornmint (mentha arvensis) essential oil.

No gluten, alcohol, lactose, soy, artificial colours or flavours.



Flavour	Product Code	UPC Code	Quantity (ml/sg/caps)	No. of Servings	Case Qty	Unit L x W x H	Case L x W x H	Unit (Kg)	Case (Kg)	RRP* *: including VAT where applicable
Mint Flavour	SOS096	4744272 010096	30	200	12	35 x 35 x 120	180 x 130 x 125	0.08	1.000	€15.00

D300 Oral Vitamin-D Spray (Infant)

300 I.U. (7.5 µg) per spray – 200 day supply (200 sprays) – 30ml

Each spray of D300 delivers 300 I.U. of vitamin D3 (cholecalciferol) directly to the bloodstream for optimal absorption. The sublingual spray bypasses the digestive system, unlike capsules, tablets or liquid drops. It is also an easier and safer way to administer vitamin D to infants and children alike.

Key Benefits

- 300 I.U. vitamin D3 per spray (150% NRV)
- Pleasant orange flavour
- Fast absorption
- Lanolin as natural source
- Raises vitamin D levels
- Suitable for Vegetarians

The European Food Safety Authority (EFSA) confirms that Vitamin D is needed for normal growth and development of bone in children.

Ingredients

Purified water, fructose, lemon juice, acacia gum, sodium benzoate, sunflower lecithin, cholecalciferol (vitamin D3), sweet orange (citrus sinensis) essential oil.

No gluten, alcohol, lactose, soy, artificial colours or flavours.



Flavour	Product Code	UPC Code	Quantity (ml/sg/caps)	No. of Servings	Case Qty	Unit L x W x H	Case L x W x H	Unit (Kg)	Case (Kg)	RRP* *: including VAT where applicable
Orange Flavour	SOS119	4744272 010119	30	200	12	35 x 35 x 120	180 x 130 x 125	0.08	1.000	€13.00

RELAX Magnesium Oil Spray

With lavender, bergamot and clary sage essential oils - 800 Sprays - 100ml

Highly absorbable spray for relaxation and calming.
Facilitates falling asleep and restful sleep. Very suitable for massage.

SOS Health Magnesium sprays contain **Zechstein Inside®** magnesium chloride, the purest magnesium in the world, mined from deposits in the former Zechstein Sea to provide the purest source of magnesium chloride. This magnesium chloride has been naturally condensed over 250 million years, leaving it free from man-made and heavy metal pollutants associated with open water sources.

Key Benefits

- Calming and relaxing effect.
- Facilitates deep, restful sleep.
- Very suitable for massage.
- Helps to improve immune system and strengthen cells.
- Calming effect, decreases fears and sleep problems.
- Balances central nervous system, reduces stress and anxiety.
- Good for nerves, relieves muscle tensions.
- Fast absorption.
- Easy to spray.
- Natural.
- Pleasant scent.



Ingredients

Zechstein magnesium chloride (29% concentration), essential oils (grape seed oil, bergamot oil, lavender oil, clary sage oil).

Flavour	Product Code	UPC Code	Quantity (ml/sg/caps)	No. of Servings	Case Qty	Unit L x W x H	Case L x W x H	Unit (Kg)	Case (Kg)	RRP* *: including VAT where applicable
Not Applicable	SOS010	4744272 010010	100	80	12	47 x 47 x 140	196 x 147 x 142	0.156	1.96	€15.00

BETTER JOINTS Magnesium Oil

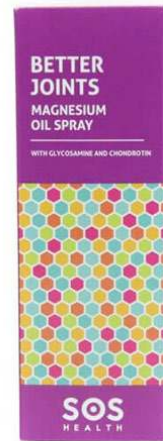
With glucosamine, chondroitin and peppermint essential oil - 800 Sprays - 100ml

Highly absorbable spray for healthier joints.
Helps to relieve joint complaints and promotes normal joint mobility.

SOS Health Magnesium sprays contain **Zechstein Inside®** magnesium chloride, the purest magnesium in the world, mined from deposits in the former Zechstein Sea to provide the purest source of magnesium chloride. This magnesium chloride has been naturally condensed over 250 million years, leaving it free from man-made and heavy metal pollutants associated with open water sources.

Key Benefits

- Needed for calcium absorption
- Needed to avoid the buildup of calcium in the soft tissues of arthritics
- An essential mineral for optimal muscle function.
- Improves joint mobility, strengthens cartilage and decreases joint pain.
- Helps to decrease inflammation and muscle pain.
- Fast absorption.
- Easy to spray.
- Natural.
- Pleasant scent.



Ingredients

Zechstein magnesium chloride (16% concentration), glucosamine sulfate and chondroitin sulfate, essential oil (peppermint oil).

Flavour	Product Code	UPC Code	Quantity (ml/sg/caps)	No. of Servings	Case Qty	Unit L x W x H	Case L x W x H	Unit (Kg)	Case (Kg)	RRP* *including VAT where applicable
Not Applicable	SOS027	4744272 010027	100	80	12	47 x 47 x 140	196 x 147 x 142	0.146	1.85	€15.00

ATHLETES Magnesium Oil Spray

With black pepper, lemon, peppermint and clove essential oils - 800 Sprays - 100ml

Prevents cramps and relieves them fast. Helps to warm muscles, increase their working capacity and lessens the risk for muscle injury.

SOS Health Magnesium sprays contain **Zechstein Inside®** magnesium chloride, the purest magnesium in the world, mined from deposits in the former Zechstein Sea to provide the purest source of magnesium chloride. This magnesium chloride has been naturally condensed over 250 million years, leaving it free from man-made and heavy metal pollutants associated with open water sources.

Key Benefits

- Helps to improve immune system and strengthen cells.
- Helps to warm muscles and relieve muscle tensions.
- Stimulates blood circulation and improves immune system.
- Helps to decrease inflammation and muscle pain.
- Lessens sensitivity to pain and has a warming effect.
- Fast absorption.
- Easy to spray.
- Natural.
- Pleasant scent.



Ingredients

Zechstein magnesium chloride (29% concentration), essential oils (grape seed oil, black pepper oil, lemon oil, peppermint oil, clove oil).

Flavour	Product Code	UPC Code	Quantity (ml/sg/caps)	No. of Servings	Case Qty	Unit L x W x H	Case L x W x H	Unit (Kg)	Case (Kg)	RRP* *including VAT where applicable
Not Applicable	SOS034	4744272 010034	100ml	80-160	12	47 x 47 x 140	196 x 147 x 142	0.156	1.99	€15.00

PURE Magnesium Oil Spray

10 sprays deliver 150-180 mg of elemental magnesium. - 800 Sprays - 100ml

100% pure magnesium. Highly absorbable elemental magnesium spray.

SOS Health Magnesium sprays contain **Zechstein Inside®** magnesium chloride, the purest magnesium in the world, mined from deposits in the former Zechstein Sea to provide the purest source of magnesium chloride. This magnesium chloride has been naturally condensed over 250 million years, leaving it free from man-made and heavy metal pollutants associated with open water sources.

Key Benefits

- Essential mineral for every cell in the body.
- Needed for more than 300 biochemical reactions.
- Substantially increases overall levels of magnesium.
- Needed for calcium absorption and to avoid build-up in soft tissues.
- Critical for energy production and normal muscle movement.
- Calms nervous system, relaxes the body and improves sleep.
- Vital for keeping bones strong and for joint health.
- Fast absorption.
- Easy to spray.
- Natural.

Ingredients

Concentrated solution (31%) of the purest magnesium in the world – Zechstein magnesium chloride



Flavour	Product Code	UPC Code	Quantity (ml/sg/caps)	No. of Servings	Case Qty	Unit L x W x H	Case L x W x H	Unit (Kg)	Case (Kg)	RRP* *including VAT where applicable
Not Applicable	SOS041	4744272 010041	100	80-160	12	47 x 47 x 140	196 x 147 x 142	0.162	2.04	€15.00