

Nutritional Information

Serving Size: 2 Soft Gels

Servings per container: 30

	Per 2 soft gels	% NRV*
Vitamin D3 (cholecalciferol)	25 µg (1000 I.U.)	500%
Fish Oil	2000 mg	
Of which Omega-3s	1280 mg	
Of which EPA (eicosapentaenoic acid)	650 mg	
DHA (docosahexaenoic acid)	450 mg	
Other Omega-3s	180 mg	

* NRV = Nutrient Reference Value