

Nutritional Information

Serving Size: 1/2 Teaspoon (2.5 mL) Servings per bottle: 48

	Per 2.5 mL	% NRV*
Vitamin A	35-140 µg RE* (115-460 I.U.)	4-18%
Vitamin D	0-0.25 µg (0-10 I.U.)	0-5%
Cod Liver Oil	2500 mg	
Of which Omega-3s	525 mg	
Of which Eicosapentaenoic Acid	175 mg	
Docosahexaenoic Acid	245 mg	
Other Omega-3s	105 mg	

* NRV = Nutrient Reference Value

⊕ RE = Retinol Equivalents